

Orientation

Mark 1:21-45

Dust of the Rabbi, 2

Dr. Ted Wueste

Jesus' focus in ministry was teaching. 1:21-28

Outside circumstances will always put our priorities in crisis. 1:29-37

His priorities were reversed by ...

1. the good intentions of others
2. great opportunities
3. spiritual conflict

Jesus handled the problem of priority by doing two things ... 1:35-38

1. retreating in order to refocus
2. saying no in order to say yes

Jesus maintained his priorities by ... 1:39-45

1. being honest with others
2. restructuring the way He spent His time

Application

How can you "retreat" this week to spend time with the Father?

What/who do you need to say "no" to?

How do you need to restructure your time?

Quotes:

"We need to recognize that the human body has its limits and build in adequate time for rest and reflection so as to allow healing and restoration to take place. In short, people in our age are showing signs of physiological disintegration because we are living a pace that is too fast for our bodies." Dr. Archibald Hart

"Solitude doesn't mean we immediately shut out all our inner doubts, all our anxieties, fears, bad memories, unresolved conflicts, angry feelings, and impulsive desires. On the contrary, when we have removed our outer distractions, we often find that our inner distractions manifest themselves in us at full force. We often use the outer distractions to shield ourselves from the voices of our interior. It is thus not surprising that we have a difficult time being alone ... Solitude is not an instantaneous response to an occupied life. There are too many reasons for us not to be alone." Henri Nouwen