

Cravings

1 Corinthians 10:6, Numbers 11:4-9

Out of the Wilderness, 2

Dr. Ted Wueste

Israel's example helps us understand and dismantle our cravings for evil.

"examples for us, that we might not desire evil as they did" 1 Corinthians 10:6

Our cravings ... Numbers 11:4-9

are not rational, but based on selective information.

"we remember the fish we ate in Egypt that cost nothing"

are a desire to be independent, leading to distance and discipline.

"when the dew fell upon the camp in the night, the manna fell with it"

are based on what we believe will satisfy.

"had a strong craving ... 'Oh that we had meat to eat.'"

Sin thrives ...

under law.

Romans 6:11-14

amidst shame and guilt.

Romans 8:1; 1 John 1:9

in the dark.

James 5:16

New desires/cravings emerge as we ...

immerse ourselves in the truth of who we are.

1 Corinthians 10:1-4

cultivate and pay attention to our desires for Christ.

Psalm 37:4

QUOTE: "A human being is a longing for God and nothing less than god will satisfy us; the seductive voices that would make us anything less than this are to be resisted." Alan Jones, *Exploring Spiritual Direction*